

# THE BENT ARMS



## SUNDAY SAMPLE MENU

### STARTERS:

SOUP OF THE DAY £6.25 (GFO, VGNO)

GRILLED FLAT FIELD MUSHROOM & GOATS CHEESE on a bed of salad £6.50 (V, GF, DF)

PRAWN COCKTAIL £6.25 (GF, DF)

MOZZARELLA & PROSCIUTTO SALAD £6.25 (GF)

BACON & BRIE SALAD £6.25 (GF)

### ROASTS: all served with roasted potatoes, a selection of vegetables, Yorkshire pudding and gravy

ROASTED EXTRA AGED SIRLOIN OF ENGLISH BEEF £18.75 (GFO, DFO)

ROASTED CHICKEN BREAST £16.95 (GFO, DFO)

CRANBERRY & NUT ROAST PIE £15.75 (VgnO)

ROASTED LOIN OF PORK £16.95 (GFO, DFO)

ROASTED SADDLE OF LAMB £18.50 (GFO, DFO)

### MAINS:

GRILLED SALMON FILLET with crushed new potatoes, vegetables, and hollandaise sauce £17.25 (GF)

SCAMPI AND CHIPS with salad £14.75

MUSHROOM, LEEK & SPINACH RISOTTO £13.95 (VGNO, GF, DFO)

CHICKEN CAESAR SALAD £14.95 (GFO, DF)

AVOCADO AND PRAWN SALAD £12.50 (GF, DF)

FETA, OLIVE & TOMATO SALAD £12.50 (GF)

SALAD EXTRAS: HALLOUMI £3.00, CHICKEN £4.00

### DESSERTS:

COCONUT PANNA COTTA with mango and pineapple coulis £5.95 (VGN, GF, DF)

LEMON POSSET £5.95 (GFO, V)

VANILLA CRÈME BRÛLÉE £6.25 (V, GFO)

WARM CHOCOLATE BROWNIE with whipped cream £6.75 (V)

STICKY TOFFEE PUDDING served with vanilla ice-cream £6.75 (V)

98 HIGH STREET, LINDFIELD, RH16 2HP • 01444 483146 • howard@thebentarms.co.uk • www.thebentarms.co.uk

**ALLERGY INFORMATION AVAILABLE ON REQUEST**

All our food is made in house including our mayonnaise which contains raw egg

GF – Gluten Free, DF – Dairy Free, GFO – Gluten Free Option, DFO – Dairy Free Option, V – Vegetarian, VGN – Vegan, VGNO – Vegan Option